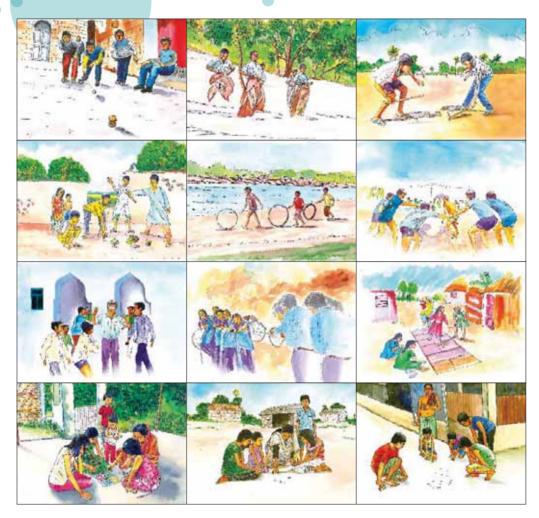
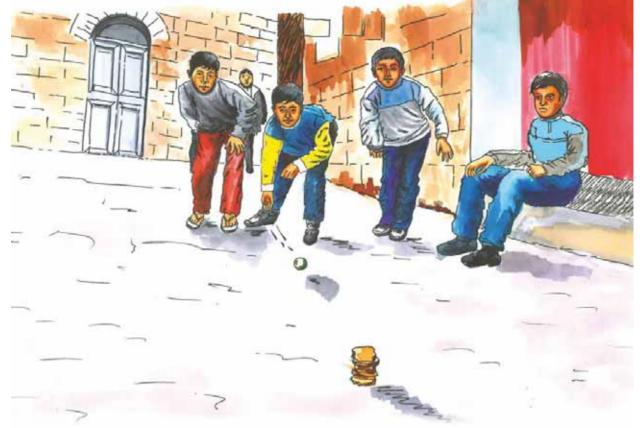
2048



Remembering play times from times bygone

Childhood was a great place and time to be and with childhood comes the nostalgia of long forgotten games and sports that we played with our friends. These games truly gave meaning to our lives and existence and security in the form of our buddies and playmates not unlike the very idea and element of insurance as a product.

National insurance embodies these very virtues and extols them through the medium of superior insurance products that will not only stand by you at your time of need but also help you go beyond to support your dreams on your cherished path of progress. So, let's move forward together as we relive



2018

			7	ानवरी	Jar	nuary
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पिट्ट (सेवन स्टोन्स) Pittu (Seven Stones) Seven times the fun seven times the exhilaration Pittu is a traditional game in India played between two teams. It involves a ball & a pile of seven flat stones. Aim of the game is a member of one team throws the ball at the pile of stones to knock them over and then rebuild it before getting hit by one of the opponent. The skill involved are running, observation, speed, aim & concentration. Improves ones aim and co-ordination skills and is a great way to learn the element of team work.



2018

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बोरा दौड़ (सैक रेस) Bora Daud (Sack Race) Race with the packs in sacks of happiness

The sack race or gunny sack race is a competitive game in which participants place both of their legs inside a sack that reaches their waist or chest and hop forward from a starting point towards the finish line. The first person to come over the finish line is the winner of the race.

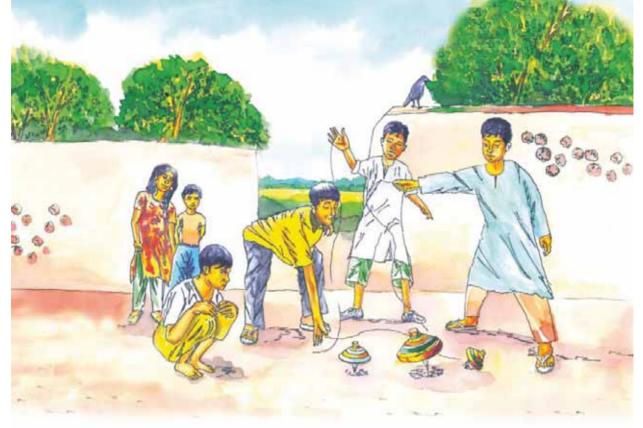


2018

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गिल्ली-डंडा/डैंगुली Ghatika/Danguli

One flick - one twist one shot at enjoyment Ghatika/Danguli, popularly known as Gilli-Danda is an amateur sport played in rural India and small towns all over the country. The game is played with two sticks: a large one called a danda, which is used to hit a smaller one, the gilli. Gilli Danda is a ancient sport, possibly with origins over 2500 years ago. The game requires the skill like hand & eye coordination, movement, calculation, etc.



2018

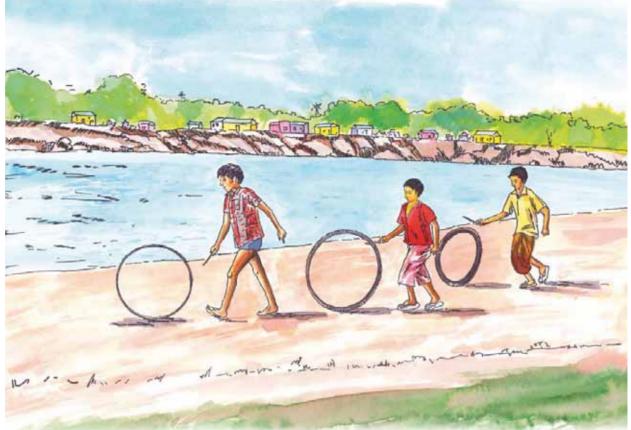
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लड्डू (स्पिनिंग टॉप) Lattu (Spinning Top)

Win the world with a spin of exuberance

Spinning top is a game which requires a top to spin rapidly on the ground, the motion of which causes it to remain precisely balanced on its tip because of its rotational inertia. Traditionally tops were constructed of wood, sometimes with an irontip, and would be set in motion by aid of a string or rope coiled around its axis which, when pulled quickly, caused a rapid unwinding that would set the top in motion.

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Forgotten Games

2018

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घेरा रोलिंग (हूप रोलिंग) Ghera Rolling (Hoop Rolling)

Rolling forward with speed balance and friendship

Hoop rolling, also called hoop trundling, is both a sport and a child's game in which a large hoop is rolled along the ground, generally by means of an object wielded by the player. This game exercises ones balancing skills and keeps one active in a constant running pace which is instrumental in enhancing the cardio vascular health of the individual.



2018

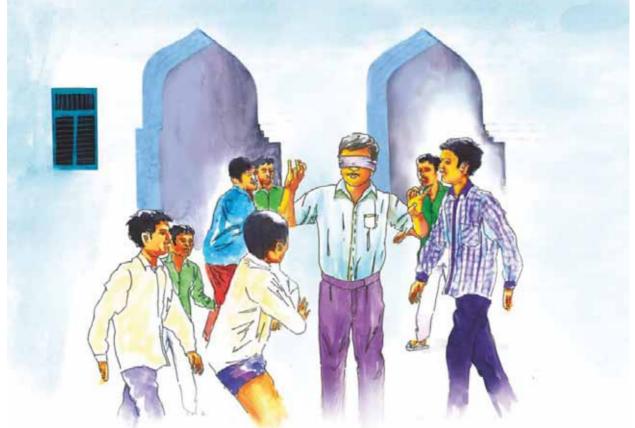
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कबड्डी

Kabaddi

Where power and precision is the name of the game

Kabaddi is a contact team sport that originated on the Indian subcontinent in Tamilnadu. In Kabaddi two teams compete, each occupying its own half of the court. They take turns sending a "raider" into the opposing team's half and earn points if the raider manages to touch opposing team members and return to the home half, all while chanting the word "kabaddi" in one breath. However, if the raider is tackled and prevented from returning, the opposing team gets the point.



2018

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आँख मिचौली Ankh Michauli (Blind man's buff)

Open your eyes to new vistas of challenge and determination

Blind man's buff is a game where one player is blindfolded. The traditional name of the game is "blind man's buff", where the word buff is used in its older sense of a small push. Blind man's buff is played in a spacious area, where the blindfolded man gropes around attempting to touch the other players without being able to see them, while the other players scatter and try to avoid the blindfolded man.

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2018

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रस्साकसी (टग ऑफ वॉर) Rassaakasee (Tug of war)

A true test of unity and friendship

Tug of war is an ancient sport popular world over puts two teams against each other in a test of strength. Teams pull on a contest in which two teams pull at opposite ends of rope until one drags the other over a central line. This game is testament to the power of the human spirit and displays the virtues of team spirit and unity as a whole.



2018

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इक्का-दुक्का (हॉपस्कॉच) Chibiddi (Hopscotch) Hop - Jump - Leap - Win Hopscotch is a children's game that can be played with several players or alone. Hopscotch is a popular playground game in which players toss a small object into one boxes of a pattern of rectangles outlined on the ground and then hop or jump through the spaces to retrieve the object. One's sense of balance and target orientation is highly magnified in this game and it greatly sharpens your reflexes and improves control over the body.



2018

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पचीसी (लूडो) Pachisi (Ludo)

Roll the dice for new opportunities and grand successes

Ludo is a strategy board game for two to four players, in which the players race their four tokens from start to finish according to the rolls of a single dice. The game and its variations are popular in many countries and under various names. The earliest evidence of this game in India is the depiction of boards on the caves of Ajanta. This game was also played by the Mughal emperors of India, a notable example being Akbar.



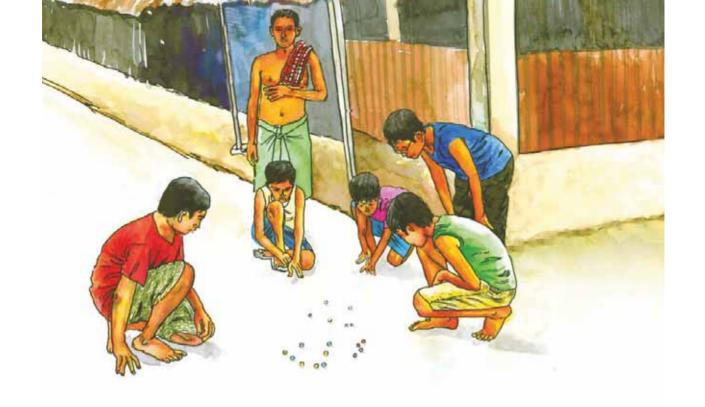
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कौड़ी (शेल गेम) Cowrie (Shell Game)

Shell out your passion for fun times – anytime

Cowrie Shells game is played with 4 small cowrie shells by 2 or more players sitting in a circle. The game is usually played by people of 6 years and above. All players sit in a circle and in a turn, players have to throw all four cowrie shells on the floor and are scored based on the throw of all four cowrie shells and based on their landing position. It is a popular game with village children and adults alike.



2018

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कंचा (मार्बल) Lakhoti (Marbles)

Discover the magic etched in ethereal pebbles of glass

Lakhoti is one of the most important traditional games which is played all over India. It is also known by Kancha, Golli, Goti and Marbles. This game is considered as one of the street games which enhance one's aiming and concentration skills.